

Holiday Digital Balance Challenge

CYBER SAFETY PROJECT

	Week 1	Week 2
Saturday	Reset Reset these holidays download Smiling Mind App. Make it a mindfulness day.	Discover Research a playground you and your family haven't been to before and visit it.
Sunday	Explore Search for bike tracks in your local area and go for a family ride.	Train Train our brain by downloading Peak – Brain Training Smart Games.
Monday	Create Make a stop motion animation using Lego, toys or teddies.	Retell Turn your favourite story into a cartoon using the Tootactic App.
Tuesday	Tech Free Create a colouring-in sheet.	Tech Free Make some slime.
Wednesday	Make Use 'Hour Of Code' to learn a new digital skill.	Cook Prepare a delicious snack using a digital recipe.
Thursday	Tech Free Make an arcade game out of a cardboard box.	Tech Free Get outside and trace your shadow with chalk.
Friday	Build Download a 3D Shapes App to design a cubby house then make it.	Design Download a 3D Shapes App to design an obstacle course and make it.